

## 2009-2010 SPORTS AWARDS

- Varsity Softball - Most Valuable Player - Taylor Bassett
- Varsity Softball - Coach's Award - Sydney Carpenter
- Varsity Softball - Coach's Award - Erin Dickson
- Varsity Softball - Coach's Award - Heather White
- Varsity Softball - Most Improved Player - Katie Yergler
- Varsity Softball - Golden Glove - Laura Packard
- JH Softball - Most Valuable Defensive Player - Brianna Garcia
- JH Softball - Most Valuable Offensive Player - Josie Starling
- JH Softball - Most Improved Player - Cami Cooke
- Varsity Baseball - Most Valuable Player - Max Moroff
- Varsity Baseball - Coach's Award - Brett Durda
- Varsity Baseball - Joe Braddy Memorial Award - Sean Karson
- Varsity Baseball - Rookie of the Year - Kyle Cavanaugh
- JV Baseball - Most Valuable Player - Austin Hale
- JV Baseball - Coach's Award - Tony Defelice
- JV Baseball - Most Improved Player - Sam Lambert
- JH Baseball - Coach's Award - Paul Reggentin
- JH Baseball - Impact Hitter of the Year - Matt Fahey
- JH Baseball - Best Pitching Performance - Patrick trevisani
- Girls Varsity Track - Most Valuable Runner - Chelsi Woodruff
- Girls Varsity Track - Newcomer Award - Chrissy Grandin
- Girls Varsity Track - Coach's Award - Noelle Vandendriessche
- Girls Varsity Track - Saints Award - Jenna Vallario
- Girls JH Track - Most Valuable Field Event Athlete - Mimi Eliscu
- Girls JH Track - Most Valuable Sprinter - Mikayla Ruane
- Girls JH Track - Most Valuable Distance Runner - Morgan Lucey
- Boys Varsity Track - Most Valuable Runner - Whitner Chase
- Boys Varsity Track - Newcomer Award - Ryan Hempsted
- Boys Varsity Track - Coach's Award - Griffin Jaworski
- Boys Varsity Track - Saints Award - Evan Rosenberg
- Boys JH Track - Most Valuable Field Event Athlete - Jace Eliscu
- Boys JH Track - Most Valuable Sprinter - Andrew Hopkins
- Boys JH Track - Most Valuable Distance Runner - Ryan Hopkins
- Varsity Lacrosse - Most Valuable Player - Dylan Davis
- Varsity Lacrosse - Leadership Award - Tom Huffsmith
- Varsity Lacrosse - Offensive Player of the Year - Luke Macchia
- Varsity Lacrosse - Defensive Player of the Year - Mike Michaud
- JV Lacrosse - Most Valuable Player - Reid Gill
- JV Lacrosse - Coach's Award - Darrick Loftus

- JV Lacrosse - Most Improved Player - Jake Smith
- Girls Varsity Tennis - Most Valuable Player - Julia Harper
- Girls Varsity Tennis - Coach's Award - Mai-Hanh Nguyen
- Girls Varsity Tennis - Most Improved Player - Audra Goldstein
- Boys Varsity Tennis - Most Valuable Player - Brenner Anderson
- Boys Varsity Tennis - Coach's Award - Chris Chew
- Girls JH Tennis - Most Valuable Player - Gillian Perkins
- Girls JH Tennis - Coach's Award - Emma Shackelford
- Boys JH Tennis - Most Valuable Player - Nathaniel Saffran
- Boys JH Tennis - Coach's Award - Jacob Schick
- Booster Club Fan of the Year - Carly Burns
- George Austin Memorial Award - Taylor Bassett
- Female Letterwoman of the Year - Chelsi Woodruff
- Male Letterman of the Year - Tony Covington
- Female Athlete of the Year - Tie: Heather White & Chelsi Woodruff
- Male Athlete of the Year - Sean Karson
- US Army Reserve Female Scholar Athlete of the Year - Sarah Harary
- US Army Reserve Male Scholar Athlete of the Year - Sam Rang
- Girls Varsity Basketball - Most Valuable Player - Natalie Ball
- Girls Varsity Basketball - Defense Award - Taylor Bassett
- Girls Varsity Basketball - Coach's Award - Emily Jacobs
- Girls Varsity Basketball - Karyn M. Schellhase Memorial Award -  
Lexi Rhames
- Boys Varsity Basketball - Defensive Player of the Year -Omari Davis
- Boys Varsity Basketball - Offensive Player of the Year - Alec Gawronski
- Boys Varsity Basketball - Hustle Award - Mario Hicks
- Boys Varsity Basketball - Coach's Award - Eric Toye
- Girls JV Basketball - Hustle Award - Rachel Auld
- Girls JV Basketball - Most Improved Player - Isabella Lopez
- Girls JV Basketball - Most Valuable Player - Paige McKenzie
- Boys JV Basketball - Team Before Self Award - Parker Brown
- Boys JV Basketball - Coach's Award - Eric Kowaleski
- Boys JV Basketball - Defense Award - Mitchell Lamoriello
- Girls JH Basketball - Defensive Player of the Year - Maria Camasmie
- Girls JH Basketball - Offensive Player of the Year - Elsa Jaworski
- Boys 8th Grade Basketball - Most Valuable Offensive Player -  
Michael Albertson
- Boys 8th Grade Basketball - Coach's Award - Jack Curtis
- Boys 8th Grade Basketball - Most Valuable Defensive Player - Harry Hall
- Boys 7th Grade Basketball - Most Valuable Player - Kobe Eichelberger
- Boys 7th Grade Basketball - Most Valuable Player - Johnny Evans

- Boys 6th Grade Basketball - Best Offensive Player - Robyn Steenstra
- Boys 6th Grade Basketball - Coach's Award - Trent Suddeth
- Boys 6th Grade Basketball - Best Defensive Player - Gabe Thomas
- Girls Varsity Soccer - Coaches' Award - Shivana Bahl
- Girls Varsity Soccer - Most Improved Player - Chelsie Holler
- Girls Varsity Soccer - Most Valuable Player - Anne McCarthy
- Girls Varsity Soccer - Coaches' Award - Mary Jane Simms
- Boys Varsity Soccer - Winston S. DuBose Award - Evan Anderson
- Boys Varsity Soccer - Dr. Pedro Bachrach Hustle Award -  
• Andrew Kennedy
- Boys Varsity Soccer - A. Rees Hay Trinity Spirit Award - Garrison Linn
- Boys Varsity Soccer - Florence Anne Hay Memorial Award -  
• Alex Stevens
- Girls JV Soccer - Most Valuable Player - Sydney Carroll
- Girls JV Soccer - Coach's Award - Molly Evans
- Girls JV Soccer - Most Valuable Offensive Player - Stephanie Salas
- Boys JV Soccer - Most Valuable Player - Karl Kniel
- Boys JV Soccer - Most Improved Player - Luke Macchia
- Boys JV Soccer - Most Dedicated Player - Dylan Morrissey
- Girls JH Soccer - Most Improved Player - Jade Daher
- Girls JH Soccer - Coach's Award - Olivia Jacobs
- Girls JH Soccer - Most Outstanding Player - Jessica Kotnour
- Boys JH Soccer - Saints Award - Gordon Ahl
- Boys JH Soccer - Coach's Award - Sam Millson
- Boys JH Soccer - Most Improved Player - Tyler Nemeč
- Girls Varsity Cross Country - Most Improved Runner - Kelly Fahey
- Girls Varsity Cross Country - Coach's Award - Chelsi Woodruff
- Boys Cross Country - Coach's Award - Whitner Chase
- Boys Cross Country - Team Spirit Award - Griffin Jaworski
- Boys Cross Country - Will To Win Award - Daniel Salas
- Girls JV Cross Country - Coach's Award - Iliana Taylor
- Girls JV Cross Country - Most Improved Runner - Rebecca Purkey
- Boys JV Cross Country - Coach's Award - Ben Chase
- Boys JV Cross Country - Most Valuable Runner - Jack Curtis
- Boys JV Cross Country - Most Improved Runner - Liam Philiben
- Girls JH Cross Country - Most Valuable Runner - Elsa Jaworski
- Girls JH Cross Country - Most Improved Runner - Lisa Hermosa
- Boys JH Cross Country - Coach's Award - George Reuter
- Boys JH Cross Country - Most Valuable Runner - Jesse Millson
- Boys JH Cross Country - Most Improved Runner - Matt Fahey
- Varsity Football - The Canon Hay Award - J.J. Wartski

- Varsity Football - The Steve Philips Award - Michael Kalaman
- Varsity Football - The Joe Braddy Coaches' Award - Ryan Hinkley
- Varsity Football - The Mr. Versatility Award - Tevin Covington
- Varsity Football - Iron Saint Award - Dalton Allen
- JH Football - Coach's Award - Tyler Nemec
- JH Football - Most Valuable Player - Billy Cooke
- JH Football - Most Valuable Player - Kyle Altomare
- Girls Varsity Golf - Coaches' Award - Kerry Gibbons
- Boys Varsity Golf - Most Valuable Player - Collin Engelhardt
- Boys Varsity Golf - Sportsmanship Award - Tyler Conte
- Boys JV Golf - Most Valuable Player - Nick Veith
- Boys JV Golf - Sportsmanship Award - Garrett Lucey
- Girls Varsity Bowling - Most Valuable Player - Sydney Carpenter
- Girls Varsity Bowling - Most Improved Player - Kelsey Shulman
- Boys Varsity Golf - Most Valuable Player - Nicholas Amend
- Boys Varsity Golf - Most Improved Player - Daniel Mundo
- Varsity Volleyball - Co-Most Valuable Player - Kilani Davis
- Varsity Volleyball - Co-Most Valuable Player - Courtney Jones
- Varsity Volleyball - Best Defensive Player - Nicole Pescatore
- Varsity Volleyball - Kelly Jo Kranze Memorial Award - Maddie Daugherty
- JV Volleyball - Most Improved Player - Paige McKenzie
- JV Volleyball - Most Valuable Player - Katie Yergler
- JV Volleyball - Coach's Award- Nicole Auld
- 8th Grade Volleyball - Best Defensive Player - Jane Gibbons
- 8th Grade Volleyball - Coach's Award - Maria Prothero
- 8th Grade Volleyball - Most Valuable Player - Kelly Delgado
- 7th Grade Volleyball - Coach's Award - Katie Lowe
- 7th Grade Volleyball - Most Improved Player - Celeste Caldwell
- 7th Grade Volleyball - Hustle Award - Cami Cooke
- 6th Grade Volleyball - Most Improved Player - Maria Camasmie
- 6th Grade Volleyball - Best Defensive Player - Laura Toyé
- 6th Grade Volleyball - Best Offensive Player - Josie Starling
- Girls Varsity Swimming - Co-Most Outstanding Swimmer - Jordan Jarmakowicz
- Girls Varsity Swimming - Co-Most Outstanding Swimmer - Catherine Galletti
- Girls Varsity Swimming - Saints Award - Elise Wood
- Girls Varsity Swimming - Most Improved Swimmer - Ashley Jahren
- Girls Varsity Swimming - Newcomer Award - Megan Lundequam
- Boys Varsity Swimming - Most Outstanding Swimmer - Zach Tippit
- Boys Varsity Swimming - Most Improved Swimmer - Gordon Pace
- Boys Varsity Swimming - Saints Award - Carson Pace
- Boys Varsity Swimming - Newcomer Award - Baxter Bramblett

- Girls Varsity Diving - Diver of the Year - Victoria Chan
- Girls Varsity Diving - Coach's Award - Jenna Dymond
- Boys Varsity Diving - Diver of the Year - Alexander Pecci
- Boys Varsity Diving - Most Improved Diver - Chase Hutchings